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# Gordon\* FOOD SERVICE

## GFS Beef Taco Filling, Cooked, Frozen, 5 Lb Bag, 4/Case





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This quality blend of lean ground beef and authentic Mexican-style seasonings create a savory, skillet-style taco filling, ideal for a variety of applications.

• Fully cooked to reduce labor and preparation time

	QTY
\$40.82 \$0.13/oz	
<b>\$</b> 0.13/02	

## Nutrition

Based On:	AP Taco, Filling, Beef, GFS	Rounding:	On 🗸

## Ingredients

BEEF, WATER, TEXTURED VEGETABLE PROTEIN (soy protein concentrate, caramel color), TOMATO PASTE, CONTAINS LESS THAN 2% OF DEHYDRATED ONION, SALT, SPICES, CHILI PEPPER, SEASONING (potassium chloride, flavor [contains maltodextrin]), DEHYDRATED GARLIC, PAPRIKA EXTRACT, CARAMEL COLOR, ONION POWDER, SUGAR. COMMON ALLEGENS PRESENT: Soy. Nutrition and Ingredient statement updated April 2015. The ingredient and nutrition information provided here reflects the current information provided to GFS by its suppliers. Prior to consuming the product, individuals with severe food allergies should confirm the ingredient information on the actual label of the product.

## **Nutrition Facts**

Amount Per Serving	
Calories 100	Calories From Fat 63
	% Daily Value *
Fat7g	11%
Saturated Fat2.5g	13%
Trans Fat0g	
PolyUnsat. Fat	n/a
MonoUnsat Fat	n/a
Cholesterol15mg	5%
Sodium190mg	8%
Potassium	n/a
Carbohydrates3g	1%
Fiber1g	4%
Sugar1g	
Protein7g	14%
Vitamin A IU 8% Vitamin C 4% Ca	alcium 2% Iron 6%
* Based on a 2000 calories diet	
Calories Per Gram:	

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#### **School Equivalents:**

 Child Nutrition Label
 No

 Serving Size
 3.32 Oz Serving

 Meat/Meat Alternative
 n/a

 Fruit/Vegetables
 n/a

 Grain/Breads
 n/a

#### Water Soluble Vitamins:

Thiamin n/a Riboflavin n/a Niacin B3 n/a Pantothenic Acid n/a Folic Acid n/a Vitamin B6 n/a Vitamin B12 n/a Vitamin C 3 mg

## Updated For New Final Rule:

Meat/Meat Alternative 2 oz Grain/Breads 0 oz eq Fruit 0 cup Red/Orange 0 cup Dark Green 0 cup Starchy 0 cup Beans/Peas 0 cup Other 0.13 cup Notes: n/a

## Fat Soluble Vitamins:

 Vitamin D IU
 n/a

 Vitamin E mg
 n/a

 Vitamin K
 n/a

 Vitamin A IU
 419 IU

#### Minerals:

Phosphorous n/a Zinc n/a Magnesium n/a Copper n/a Selenium n/a Calcium 27 mg Iron 1 mg Manganese n/a lodine n/a

## **Additional Images**



